

City Vital Youth Goals & Results (2023-2025)

GOAL #1: YOUTH DEVELOP SELF-AWARENESS AND CONFIDENCE

OUTCOMES	MEASURES	RESULTS		
		2022/23	2023/24	2024/25
A) Youth participate in an online program that is focused on developing self-awareness and confidence in their leadership development	1) Participant self-report			
	<i>75% of participants:</i>			
	• They increased self-confidence	100%	86%	100%
	• They increased self-awareness	100%	100%	100%
B) Participants increase their self-awareness and self-confidence as they grow in their personal leadership	• They set goals for themselves in the program	100%	*	83%
	• They set a goal for how they will use the Moorelands Kids Habits & Qualities to achieve success outside of the program	100%	86%	67%
	2) Staff observation			
	<i>Staff report that 75% of participants:</i>			
C) Participants can set goals based on their self-knowledge about areas needed for personal leadership growth	• Have a noticeable increase in self-awareness	*	86%	95%
	• Have a noticeable increase in self-confidence	90%	95%	71%
	3) Family questionnaire			
	<i>75% of families report:</i>			
	• The program helped their youth become more confident	100%	95%	100%
	• The program helped their youth become more self-aware	100%	86%	100%

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GOAL #2: THROUGH SOCIAL CONNECTIONS WITH PEERS AND CARING ADULTS, YOUTH INCREASE RESILIENCY AND STRENGTHEN THEIR MENTAL HEALTH AND WELL BEING

OUTCOMES	MEASURES	RESULTS		
		2022/23	2023/24	2024/25
A) Participants felt a sense of belonging	1) Participant self-report <i>75% of participants state:</i>			
B) Participants felt cared for by adult role models	• That staff cared about them	100%	100%	100%
	• That staff are positive role models	100%	100%	100%
	• That they made positive social connections with peers in the program	100%	100%	100%
C) Participants feel accepted in and connected to a positive peer group	• That they enjoyed the opportunity for meetings online	100%	86%	83%
	• That their interactions made them feel part of the group	100%	100%	83%

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GOAL #3: YOUTH DEVELOP THEIR PERSONAL LEADERSHIP SKILLS AND ARE EMPOWERED TO ACHIEVE SUCCESS IN THEIR DAILY LIVES BY APPLYING THE MOORELANDS KIDS LEADERSHIP HABITS & QUALITIES

OUTCOMES	MEASURES	RESULTS		
		2022/23	2023/24	2024/25
A) Through learning the Moorelands Habits & Quality, participants develop the soft skills of: <ul style="list-style-type: none"> • Respect • Responsibility • Listening and communication • Teamwork • Problem-solving • Goal-setting 	1) Participant self-report <i>75% of participants say they have improved the following skills:</i> <ul style="list-style-type: none"> • Respect • Responsibility • Listening and communication • Teamwork • Problem-solving • Goal-setting 	100%	100%	83%
		100%	86%	100%
		100%	100%	83%
		100%	100%	83%
		100%	100%	83%
		100%	86%	67%
B) Participants spend at least 24 hours practicing ways to apply the Moorelands Kids Leadership Habits & Qualities	<i>75% of participants state:</i> <ul style="list-style-type: none"> • They grew in their personal leadership skills 	100%	86%	83%
	<ul style="list-style-type: none"> • They spend at least 24 hours practicing ways to apply the Moorelands Kids Leadership HQ's 	100%	*	*
	<ul style="list-style-type: none"> • They can rely upon the HQ's when faced with a stressful situation 	83%	71%	67%
C) Participants can rely upon the Habits & Qualities when faced with stressful situations	2) Staff Observation <i>Staff report that 75% of participants improved:</i> <ul style="list-style-type: none"> • Respect • Responsibility • Listening and communication • Teamwork • Problem-solving • Goal-setting 	53%	95%	100%
		53%	95%	100%
		35%	91%	62%
		41%	95%	95%
		35%	64%	95%
		41%	73%	100%

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GOAL #4: BY STRENGTHENING PERSONAL LEADERSHIP SKILLS, YOUTH ARE EMPOWERED TO BE FUTURE LEADERS AND ROLE MODELS IN THEIR COMMUNITIES; BE IT IN THEIR IMMEDIATE CIRCLE OR THE COMMUNITY AT LARGE

OUTCOMES	MEASURES	RESULTS		
		2022/23	2023/24	2024/25
A) Participants can identify 1 way to use the Moorelands Kids Leadership Habits & Qualities outside of our programs B) Participants recognize and understand they can be positive role models in their circle and the community	1) Participant self-report 75% of participants:			
	<ul style="list-style-type: none"> • Share one way they helped someone in their community 	100%	*	100%
	<ul style="list-style-type: none"> • Gain certification in the WHSA program • Gain certification in CPR 	24% *	* 64%	* *
C) Participants have spent a minimum of 26 hours participating and developing service leadership and community engagement D) Participants complete the Provincial Government's Worker Health and Safety Awareness Program (WHSA)	2) Staff observation Staff report that 75% of participants:			
	<ul style="list-style-type: none"> • Can articulate outside applications of the Habits & Qualities 	*	*	100%

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PROGRAM-SPECIFIC GOAL #1: YOUTH GAIN JOB-RELATED SKILLS AND VOLUNTEER EXPERIENCE

OUTCOMES	MEASURES	RESULTS		
		2022/23	2023/24	2024/25
A) Participants understand how their leadership skills apply to the workplace success	1) Participant self-report <i>75% of participants:</i>			
	• Can state 3 job skills they have learned to put on their resume	100%	86%	100%
	• Report they felt supported by staff through their volunteering experience	100%	100%	100%
B) Participants develop 6 job-related skills (eg.; goal setting, problem solving, critical thinking, cover letter and resume writing)	• Achieve 20 volunteer hours	100%	*	50%
	2) Staff observation <i>Staff report that 75% of participants:</i>			
C) Participants are presented with internal and external opportunities to gain 20 community service hours	• Can apply their leadership skills to a workplace setting	*	*	71%
	• Achieve a minimum of 20 volunteer hours	60%	55%	*

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